

Thursday Notice

Jiggi Public School

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Relieving Principal- Mr Ryan Swift

Term 3 – Week 6

Learning for Life

Wednesday, 28 August 2019



Students of the Week



Penny– for working well and great improvement in reading.



Georgia – for being a keen, responsible student

Week 6 Term 3 2019

Friday 30th August	Tuckshop 11.10am (Lunch) 2pm (Recess)
Friday 30th August	Rivers Sporting Challenge – Opals & Diamonds

Week 7 Term 3 2019

Monday 2nd September	Performing Arts rehearsal, Library Visit & Art Gallery
Wednesday 4th September	Performing Arts night.
Friday 6th September	Tuckshop 11.10am (Lunch) 2pm (Recess)
Friday 6th September	Rivers Sporting Challenge – Opals & Diamonds

Week 8 Term 3 2019

Monday 9th September	Spelling Bee Final
Tuesday 10th September	Jiggi Public Speaking
Thursday 12th September	The Channon Teams Day
Friday 13th September	Rivers Sporting Challenge Opals & Diamonds
Friday 23rd	Tuckshop 11.10am (Lunch) 2pm (Recess)

Dear Parents and Carers,

It was a delightful experience to go and meet some of the 2020 kindergarten students at Tower Pre-School this week. All the pre-school students were very excited to talk about their favourite activities and show me their new dance that they had just learnt. In Term 4 Tower Pre-School and Jiggi Public School will be collaboratively working together to strengthen our community relationship.

Weekend visitors

Over the recent weekends we have had a number of visitors coming into the school and causing some mischief within the school grounds. If you notice anyone in the school over the weekend, could you please notify the Lismore/Nimbin police and let the school office know.

Kindergarten 2020

Planning is underway for the 2020 Kindergarten Orientation Program. If you have a child or know of any families who have a child turning 5 on or before 31 July 2020 please contact the school office.

Lismore Race Day

Thursday September 19th is a ½ day Public Holiday for the Lismore area. School will conclude at 12pm on this day. Please ensure that arrangements have been made to pick up your child/ren at this time.

P&C meeting

There will be a P&C meeting at Miss Lizzie's café at the Richmond hotel at 5:15pm on Thursday September 5th.

Water

Our bodies are made of about 70 per cent water – it's what makes up the majority of our blood, digestive juices and sweat, and it's found in our organs and muscle cells.

Water is used to metabolise fuel, regulate body temperature and digest food. Water enables our bodies to carry out all of its functions in the day, it continually moves about and is lost in urine, sweat, tears, blood and the air we breathe. Children, in particular, need to make sure they re-hydrate, as water is the primary way they regulate their body temperature.

Water contains no energy, and in most States of Australia, tap water has been fortified with fluoride to help protect against tooth decay. Australia's water supply is one of the safest and cheapest in the world, so drinking tap water is cost effective and good for your health.

How much water do children need?

The amount of water a child needs is influenced by the amount of activity they do, the weather temperature, and their diet and health. It's always important to remind children to drink, but as a general guide, children up to 8 years of age should have a minimum of 4-5 cups of water a day. Children above 8 years old require at least 6-8 cups of water a day.

Isn't there water in our foods?

Even foods that do not look like they have moisture in them do contain water. The amount of water you can get from foods can make up to approximately 20 per cent of your daily requirements.

How do I get my child to drink water?

Research has shown that adding flavour to water may increase the amount of fluid consumed voluntarily. It's important however to be cautious of the amount of kilojoules (energy) that might be consumed at the same time. Try these tips to help boost water intake in children:

- Add a slice of lemon or lime to give water a different taste
- Ensure your child has always got a water bottle handy
- Use herbs including mint or spices such as ginger to flavour the water
- Freeze fresh fruits and use them as ice cubes in glasses of water



Stage 3 Maths

Students have been working hard to select and apply appropriate strategies for multiplication. As a class we have discussed that we need to focus on learning

our 7 and 8 times

tables.

Students

agreed

that

continued

practise at

school and

home will

help them to learn their number facts. This week we have been learning about using the area model for multiplication eg. 4835×6

	4,000	800	30	5
6	$4,000 \times 6$	800×6	30×6	5×6
	24,000	4,800	180	30

	24,000
+	4,800
	180
	30
	29,010

Maths Joke

Q. Which tables do you not have to learn?

A. Dinner tables.

SASS staff appreciation week

SAS staff work in school offices, in classrooms and libraries and maintaining and caring for school grounds and buildings. They are often the ones to tend to students when they unwell and they ensure the efficient management of school financial and administration functions.

This week we have celebrated all of the amazing work that Liz does in the office and Tom does around the school. They are integral members of our school community and often go above and beyond to help the staff, students and their families. Thank you Liz and Tom for all the amazing work that you do. We truly appreciate it!

Laura Cromptvoets
Relieving Principal

Jiggi Public Speaking

All students from Kindergarten to Year 6 are required to prepare a speech at home to present on Tuesday 10th September. Topics were sent home with several past newsletters. Please contact the office if your child needs another copy of the topics.

- Kindergarten to Yr 2 – maximum 2 minutes
- Stage 2 – will speak for 3 minutes
- Stage 3 – will speak for 4 minutes

Public Speaking is a great way to develop self-confidence and is part of our curriculum.

Performing Arts

Next Wednesday is our performance. Teachers will meet students in the Bistro area at 6pm. Please have girl's hair in a piggy tail or bun. Hairspray is allowed as we are "crazy" kids. The boys can wear a bright, coloured hat. I will send costumes home next week. Students are to arrive in their costume ready. I will purchase coloured ribbons for the girl's hair.

Opals News

This week we have made changes to our spelling routine. You should find a copy of your child's spelling words in their bags every Monday for them to practise at home.

Stage 2 Maths

Mr O'Reilly has been taking our maths sessions and the students are very focused. This week they worked on adding various amounts of money using a formal algorithm. They are also looking at 2D shapes.

Mrs Toniello
Classroom Teacher

Diamonds

It's great to be back, and yes I had a wonderful holiday. The students obviously had a productive 3 weeks and it was so exciting to see how their performing arts dance has come along.

Science

Both classes will be looking at the Earth and investigating how we use its resources and effect that has on it.

Sandra Close
Classroom Teacher

Tuckshop

Rostered for **Friday 30th August 2019**

Baking – Noi & Kirsty

Serving – Anna & Ellissa

11.10am - Lunch

2pm – Recess

Dear parents/carers,
 During Week 7, Mrs Close will be conducting parent-teacher interviews for The Diamonds. Below is a form for you to fill out and provide the three preferred times that would fit your schedule. Each interview will last approximately 10 minutes. Mrs Close will work diligently to meet the needs of each and every parent/carer by trying to work around your schedule.

Please return this form no later than Friday August 30th.

If you are unavailable at these times and would like an interview. Please call Jiggi Public School on 66888221 to arrange an alternate time and date.

Thankyou

Laura Cromptvoets

FREE DENTAL FOR ALL CHILDREN AGED UNDER 18

Available at NSW Health public dental clinics in Tweed Heads, Pottsville, Byron Bay, Ballina, Goonellabah (Lismore), Casino, Nimbin, Coraki, Yamba and Grafton

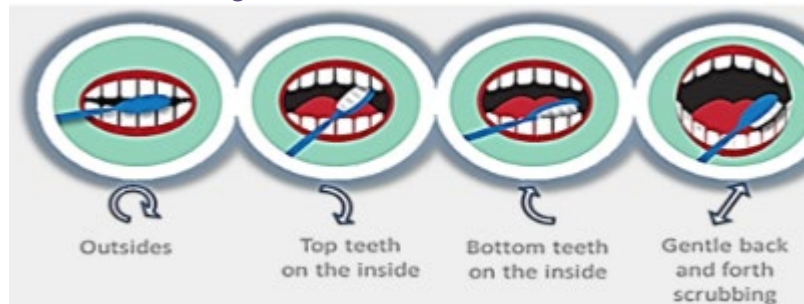
Call 1300 651 625 to book a visit for your child

Too many snacks and sugary drinks increase the risk of tooth decay

- Stick to 3 healthy meals and allow only 2 healthy snacks each day
- Avoid packaged foods and drinks that have hidden sugar
- Fresh fruit, veggies, milk, cheese and yoghurt are easy healthy choices
- Drink water instead of sugary drinks

How to Brush : Move a soft toothbrush in small circles over teeth and gums

How to Brush : Move a soft toothbrush in small circles over teeth and gums



Health
 Northern NSW
 Local Health District

